# Keiser Constant Summer Edition 2025

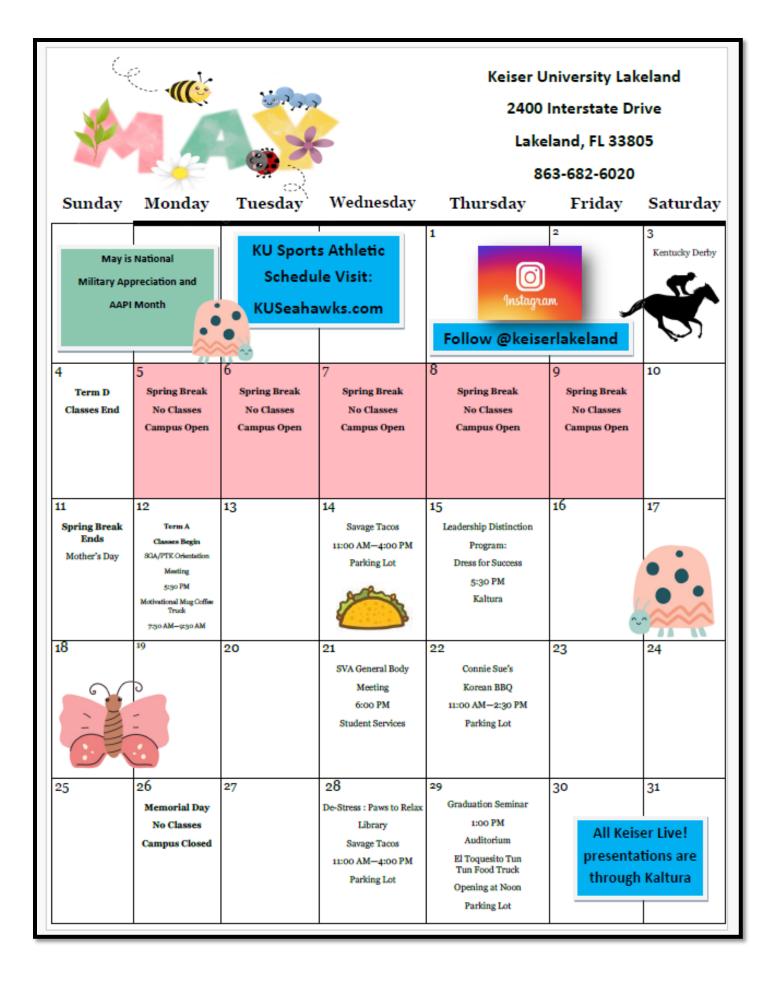


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#### Inside This Semester's Issue:

- Calendar of Events
- Meet the Directors
- Letter from the Student Services Director
- Keiser Athletics
- Club & Campus Resource Information
- "A Financial Reset for Spring"





# MEET THE TEAM



Karen Steverson Campus President



Sandra Turner Director of Admissions



Armin Garza Dean



Julia Huerta Director of Financial Aid



Brandon Griffin Director of Student Services



Greg Aghoian Director of Student Accounts

#### A Note from the Student Services Director

Dear New Seahawks,

Congratulations on taking the first step towards a brighter future by choosing Keiser University as your platform for success! As the Director of Student Services, I am delighted to welcome you to a community dedicated to providing you with the skills, knowledge, and support you need to excel in your chosen career path.

At Keiser, we understand that you are not just here to earn a degree, but to prepare for a fulfilling and impactful career. Our focused programs are designed to equip you with practical skills that are directly relevant to the professional world. You are entering an environment that thrives on innovation, hands-on learning, and real-world application.

Remember that you are investing in yourself, and this investment will yield tremendous returns. Every class you attend, every project you complete, and every challenge you overcome brings you one step closer to your goals. Embrace the opportunities to learn from experienced industry professionals, engage in practical projects, and network with peers who share your passion.

While your journey at Keiser might be intense, know that you are not alone. Our faculty and staff are committed to your success and are here to guide you every step of the way. Don't hesitate to ask questions, seek support, and collaborate with your fellow students. Your growth is our priority, and your achievements will be a testament to your dedication.

In the face of challenges, remember that each obstacle is a chance to demonstrate your resilience and determination. Your time at Keiser will present you with moments of growth and self-discovery. Embrace these moments, and don't be afraid to step out of your comfort zone – that's where the magic happens.

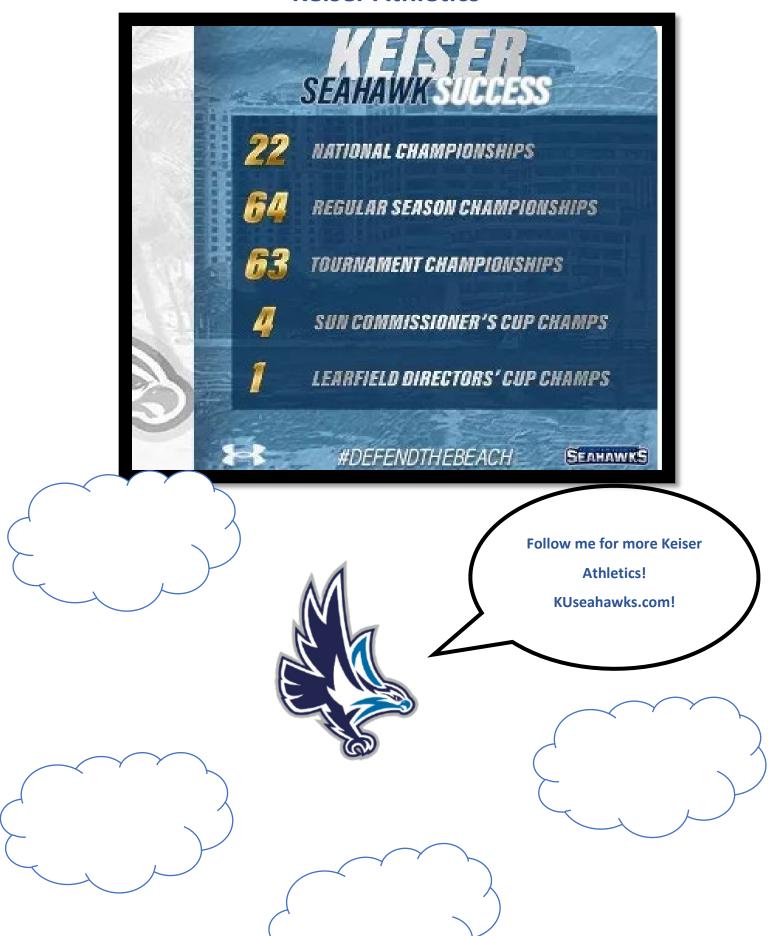
As you embark on this exciting journey, keep your dreams in sight. Visualize the successful professional you aspire to be and use that vision to guide your efforts. Be bold, be curious, and be relentless in your pursuit of excellence.

Welcome to Keiser University, where your ambitions become achievements. I look forward to witnessing your growth, celebrating your successes, and standing by your side as you write your own success story.

With utmost enthusiasm and support,

Brandon Griffin Director of Student Services Keiser University Lakeland

#### Let's Go Seahawks! Keiser Athletics



# At Keiser University, you have an opportunity to join the **Student Government Association**!

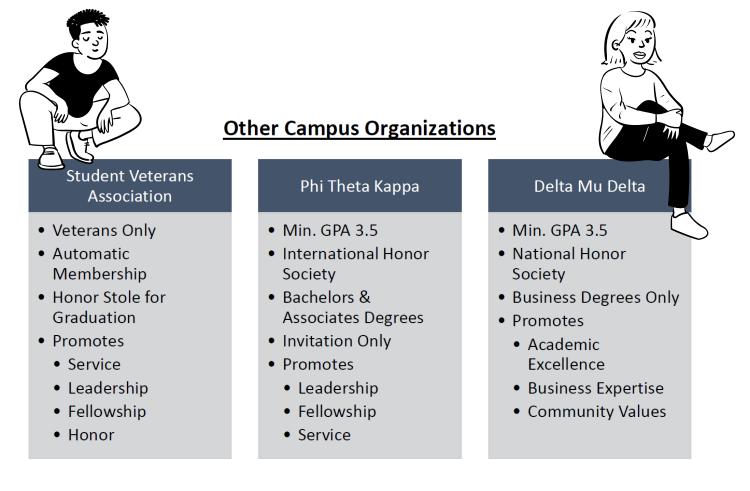
The Student Government Association strives to give students the opportunity to provide goodwill and volunteer their time for local and national non-profit organizations. To recognize the work that they do, SGA member cords will be awarded as regalia to be worn at your commencement ceremony if you participate in the requisite number of meetings.

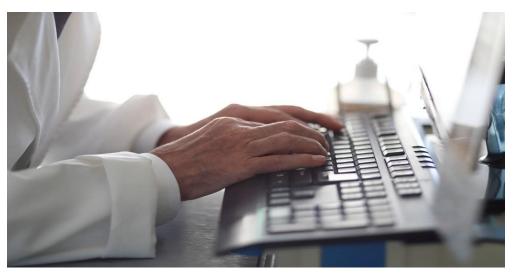
The SGA also ensures that students have a voice in what goes on around campus, focusing on five key areas: Student Learning, Professional Development, Social Awareness, Leadership Skills, and Campus Enhancements.

Being a member provides you with the unique opportunity to work closely with faculty, staff, and other students. You will develop leadership and professional skills that can be used in school, work, and in your community and will help to boost your resume when looking for a career.

For more information or to get involved, please contact the Student Government Association Advisor, Brian Miller at <u>brian.miller@keiseruinversity.edu</u>.

For more information or to get involved with the Student Veterans Association, please contact the Student Veterans Association Advisor, Abigail Richards at <u>arichards@keiseruniversity.edu</u>





# **"OUR LIBRARY HAS THE MOST EFFECTIVE SEARCH ENGINES YET INVENTED-LIBRARIANS."**

#### William R. Brody

In person or online the Library is here to help you succeed in your classes. To access our Library Online visit keiserlibrary.com. Use the A-Z Databases or Find It feature to search for peer-reviewed journal articles, newspaper articles, videos, and more. You can also access ebooks and the Library Catalog.

Research Guides are filled with resources related to specific topics and classes. Your login for our databases and e-books is the same as Blackboard. Our Masters- level librarians are available to help you research in person, on the phone, or online through Zoom, LibChat (use the QR code), or askalibrarian.org



# Use a computer or copier/printer.

Have a group study session or some quiet study time. We have numerous study guides available.

Browse our scholarly books specific to KU programs.

Use our Online Library to search for academic articles, e-books, videos, and more.

Bring a Keurig pod to make coffee for a caffeine fueled study session.

Start your assignments by getting research help from a librarian.



# Tips from the Campus Response Team

**Cleaning Tips** 

All CRT staff wear red name badges!

# **Cleaning Safety Checklist:**

#### Inside:

- Test Smoke Detectors.
- Ensure fire extinguishers work.
- Check carbon monoxide detectors.
- Create or review your family emergency plan.
- Update your first-aid and 72-hour kits.
- Clean out your medicine cabinet.
- Secure your home.
- Replace your air filters.

#### **Outside:**

- Look for pests.
- Check the pipes.
- Prepare your yard.
- Clean chimneys and gutters.

## **LOOKING FOR A CAREER?**

Part-time and full-time career opportunities posted weekly on College Central.

To register visit: www.collegecentral.com/keiser There you can create a profile and upload your resume for Student Services to review and offer feedback. You will also have access to apply for job opportunities listed there. Questions? Contact Student Services for assistance.

**Student Services** 

**Upstairs Building 1** 

Director: Brandon Griffin; bgriffin@keiseruniversity.edu

### **NEED CAREER ASSISTANCE?**

VISIT THE CAREER CENTER FOR:

- Help with resumes & cover letters
- Mock interviews
- Job search assistance
- Career fairs
- Professional development workshops





#### **A Financial Reset for Summer**

#### Contributed by: Geoffrey Stam, Director of Default Management and Financial Wellness

Hello Summer! While we set our financial sights on a new season, we continue to see everything from eggs, to gasoline, to clothing, to our electric bill cost us more money. Our dollar seems to cover less and less. With that in mind, how do we make the money we have stretch further?

It's time to re-evaluate and reset our budget. We don't necessarily have to cut out or down on everything we do, but where can we make some adjustments to make sure everything we need to cover financially is handled.

Wondering where to start? Begin with the Short-Term Financial Goals. These goals typically are less complicated to complete and generally more manageable. Anything from saving for an emergency fund, paying down a credit card or other debt, saving for a special item, or making sure you are breaking-even at the end of the month/budgeting period. Your goals depend on your personal (family) financial status. Create these goals with the **SMART** principles in mind to set you on your path.



The **SMART** principles: **Specific** – very clearly defined; **Measurable** – has check-points to show progress; **Attainable** – a goal that you can complete and is not out of reach; **Relevant** – goal is yours (and your family's) and important to your financial health; **Time-Framed** – you have a time to complete it (3 months, 6 months, 12 months).

Next, determine your income, identify expenses (ALL of them), and create a simple budget. This is your roadmap to completing your financial objectives. View your budget as a guide to your money and not a restrictive document. A way for you to tell your money what to do versus wondering what happened to it all. But don't forget to treat yourself (even if it's a small treat) within your budget. Your short-term goals should drive this budget.

If you've never created a budget before, it might be frustrating initially and the first attempt may not be successful, and that's okay. If you learn from the mistakes and apply them to the next budget, it will be more effective. Plus, there are plenty of FREE tools available to take advantage of that can assist you along the way.

It's not a document set in stone, it will change and refine itself over time. The more you use it, the more effective the budget will become, and you will see your goals nearing completion. Here are some sites to help:

https://www.google.com/sheets/about/

https://mint.intuit.com/

https://goodbudget.com/

https://www.rocketmoney.com/

https://www.ramseysolutions.com/everydollar/budgeting

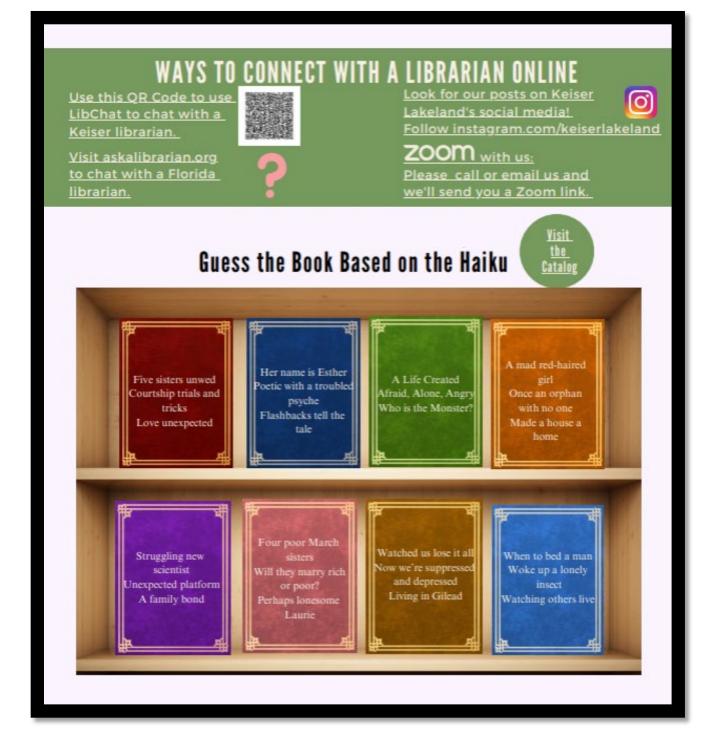
#### https://portal.iontuition.com

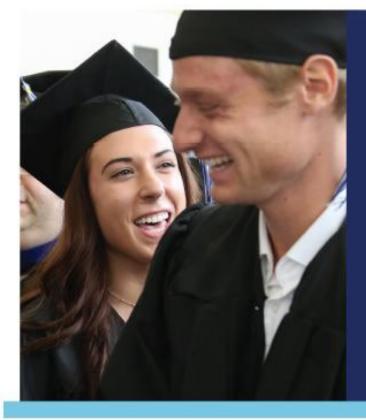
Focus on the positive that comes from any of the financial goals you have achieved! Don't let your mistakes to stop you from trying to realize financial success, learn from them. Every goal you reach will help you move on to the next goal and the next. With some work, determination, and perseverance, you can make 2023 a financial success!

#### **Attention Student Loan Borrowers!**

If you hold federal direct Unsubsidized loans, interest will start to accrue on those loans from the time they are disbursed. Federal direct Subsidized loans will continue to have interest paid by the federal government while you remain a student above ½ time (in-school deferment) or are on a deferment period such as grace period.

Please register for the free website <u>https://portal.iontuition.com</u> to track your loans; know your servicer, review interest rates and accrual as it restarts, understand repayment plans/options, as well as deferment, forbearance, and consolidation.





# Membership Benefits

Join the Alumni Association Today! Alumni.KeiserUniversity.edu

# How will you Customize your KU License Plate?



One of the exciting ways you can both demonstrate your KU pride while helping future KU students is to purchase a special Keiser University license plate.

#### No more trips to the DMV!

We are excited to share that now, through a partnership with the Indian River Tax Collector's Office, KU plates may be purchased for any county in Florida by mail!

#### KEISERUNIVERSITY.EDU/LICENSEPLATE