

FT. LAUDERDALE

KEISER UNIVERSITY

MAGAZINE

FREE

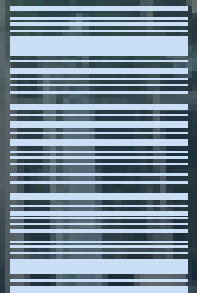
STUDENT RESOURCES


JOIN A
**STUDENT
ORGANIZATION!**



**GO
SEAHAWKS!**

SUMMER 2025 EDITION





At Keiser University we are here to help you succeed by providing the professional and academic foundation needed to meet your educational goals and objectives. Keiser University continues to be a valuable partner to employers, the community, and, above all, a valued choice for students serious about their education and career.

IN THIS ISSUE

- Letter from the Campus President
- Letter from the Dean
- Monthly Recap
- Upcoming Events
- Student Services Introduction
- Hall of Fame
- Student Resources
- Student Organizations

KU CONTACT



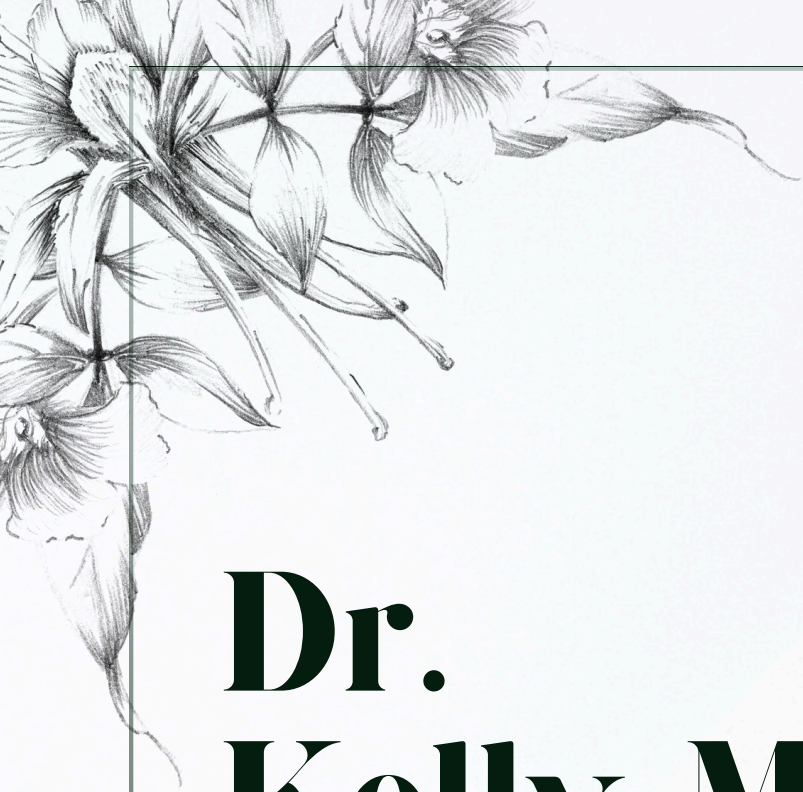
Phone: (954) 776-4456



Address: 1500 Northwest 49th Street
Fort Lauderdale, Florida 33309



**SPRING: A
LOVELY
REMINDER OF
HOW BEAUTIFUL
CHANGE CAN
TRULY BE.**



Dr. Kelly Moore

Hello, Summer!

I'm thrilled to welcome in a season of warmth, relaxation, and endless possibilities. I hope you've had a chance to recharge during the break and are ready to dive into a summer full of new opportunities, growth, and excitement.

As we embrace this fresh chapter together, I want to remind you of the many fun and enriching activities lined up for both your academic and personal development. From exciting workshops and employer visits to laid-back campus events and student clubs, there's something for everyone to enjoy and get involved in. Back by popular demand, I'm especially looking forward to seeing you at our "Parfait with the President" event in June.

Whether you're focusing on advancing your studies or simply looking to unwind and enjoy some sunshine, this summer promises to be one of the most vibrant and memorable yet. Here's to a season filled with learning, fun, and unforgettable experiences!

Dr. Kelly Moore

Campus President

✉ Kelly.moore@keiseruniversity.edu



Dr. Joann Raphael

Dear KU Students:

Welcome to Keiser University and Summer 2025! We are excited to have you as part of our community. This is the start of an exciting journey, and we look forward to supporting you every step of the way.

Come prepared to win! Your faculty, deans, and the rest of your Keiser University family are here to guide you along the way.

If you have any questions or concerns or need assistance, please do not hesitate to let us know. We are here to help you succeed.

Please contact:

- Your professors if you have class related questions (1st point of contact).
- Your deans for program advising at deansfortlauderdale@keiseruniversity.edu
- Technical Support for IT issues – Call helpdesk at 855-412-3717
- Registrar for transcript-related inquiries at registrarsftl@keiseruniversity.edu

I wish you a wonderful and rewarding academic experience!

Dr. Joann Raphael

Dean of Academic Affairs

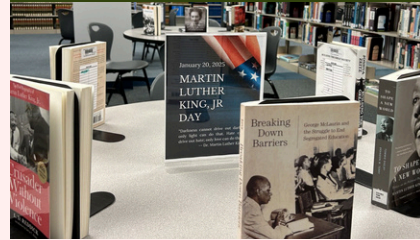
✉ joann.raaphael@keiseruniversity.edu

JANUARY

STUDENT APPRECIATION BRUNCH



MLK CELEBRATION



STUDENT APPRECIATION BRUNCH



LAW ENFORCEMENT APPRECIATION



WELCOME TO 2025!

As you embark on another year of learning and growth, remember that every challenge you face is an opportunity to push your limits and discover your true potential. Stay curious, embrace the journey, and know that your hard work will shape the future in ways you can't yet imagine. The possibilities are endless—keep striving for greatness!

LIMITED EDITION

W I N T E R 2 0 2 5

FEBRUARY

PASTA WITH THE PRESIDENT



VALENTINE'S DAY



BLACK HISTORY MONTH CELEBRATION



STAY ENGAGED ON CAMPUS!

Getting involved in campus events and student organizations is a fantastic way to enrich your college experience. Whether it's joining a club, attending events, or participating in activities, staying engaged helps you build connections, gain new skills, and make the most of your time here.



LIMITED EDITION

www.keiseruniversity.edu

MARCH

WOMEN'S HISTORY MONTH CELEBRATION



HAPPY WOMEN'S HISTORY MONTH!

Honor the achievements, contributions, and impact of women throughout history. Women's History Month highlights the essential roles women have played in shaping society, from pioneering leaders to groundbreaking innovators. This month serves as a reminder of the ongoing efforts toward gender equality and the recognition of women's accomplishments in all fields of life.

LIMITED EDITION

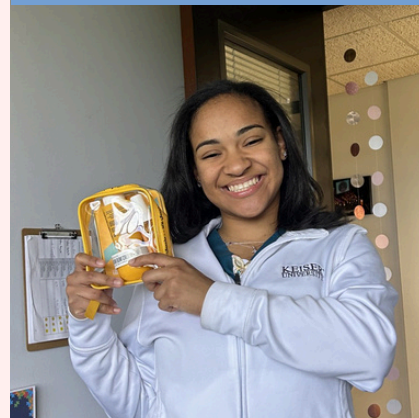
NATIONAL CEREAL DAY



ST. PATRICK'S DAY CELEBRATION



WOMEN'S HISTORY MONTH CELEBRATION



APRIL

JOB FAIR



JOB FAIR



EASTER CELEBRATION



PTK INDUCTION CEREMONY



WELCOME TO A NEW TERM!

As you begin this new semester, embrace each day as a fresh opportunity to learn, grow, and make progress toward your goals. Stay focused, stay motivated, and remember that every step forward, no matter how small, brings you closer to success. The road ahead is full of possibilities—make the most of it and keep pushing towards your dreams!



STUDENT GOVERNMENT ASSOCIATION



EASTER EXTRAVAGENZA

The Fort Lauderdale campus Student Government Association (SGA) recently brought Easter joy to children at a local homeless shelter by delivering candy-filled eggs, all made possible through generous campus donations.

By getting involved, students have the opportunity to lead with purpose, create positive change, and make a real impact both on campus and in the community. Ready to make a difference? Join SGA and be part of something bigger.



JOIN SGA NOW!

SEAHAWK ENTREPRENEURSHIP COMPETITION

HAMILTON THURMAN



Mr. Hamilton Thurman has been awarded **FIRST PRIZE** in the prestigious **2025 PITCH COMPETITION** held at the Palm Beach Flagship Campus. In addition to this remarkable achievement, Mr. Thurman also received the first-place cash prize, which will significantly support the growth and development of his business in the coming months.

KU STUDENT HIGHLIGHT

Entrepreneurship is a journey that rewards boldness and perseverance; the early steps you take can set the foundation for greatness. By putting your best foot forward from the start, you demonstrate your commitment, resilience, and vision to the world. Embrace the challenges, stay focused, and remember that every small effort today brings you closer to the success you dream of tomorrow.

ENTREPRENEURSHIP COMPETITION



Entrepreneurship

CONGRATULATIONS

Student Services

FORT LAUDERDALE
5TH FLOOR

DR. JOVAN DAVIS Director



Office Number: 505

Core Responsibilities: Student Grievances, Employer Partnerships, Resume Assistance, Career Counseling

Fun Fact: My favorite color is hunter green.

Jovan.davis@keiseruniversity.edu

JOHN FERRARI Associate Director



Office Number: 504

Core Responsibilities: Job Postings, Resume Assistance, Mock Interviews, Leadership Distinction Program, Job Fair

Fun Fact: I love to travel and am always looking for the next great get-a-way.

John.ferrari@keiseruniversity.edu

JADE SMITH Student Services Coordinator



Office Number: 503

Core Responsibilities: Student Organizations, On-Campus Events, Student Suggestions

Fun Fact: I have a cat named Sushi, after my favorite food!

Jade.smith@keiseruniversity.edu

CHRISTINA SHORTRIDGE Student Services Coordinator

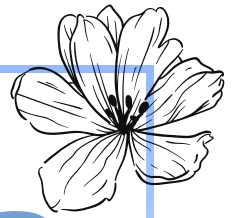
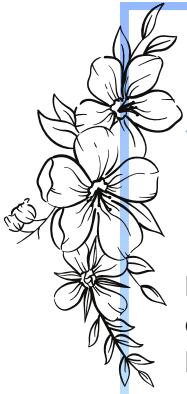


Office Number: 506

Core Responsibilities: Graduate Exit Seminars, Clearance Forms, Diplomas, Testimonials

Fun Fact: I was an Elementary School Teacher.

christina.shortridge@keiseruniversity.edu



ALUMNI TESTIMONIALS

I feel well educated and experienced after attending Keiser University. The desire to become successful led me to pursue my degree, and Keiser provided me with the skills and resources needed in Health Service Administration. Every instructor I encountered played a vital role in my journey, teaching me patience, respect, integrity, and valuable career skills. The biggest challenge I had to overcome was the thoughts of failing, but with the support of my instructors, mentors, and advisors, especially Professor Eryka Wilson, I did it. Earning my associate and bachelor's degrees has opened rewarding opportunities, and I am grateful for the knowledge and values I gained at Keiser.

Gulene Moise

Bachelor of Arts in Health Services Administration
March 2025



I moved from Michigan to Florida in August 2016 and pursued many different fields before finding a home at Keiser University. I started at Keiser in March 2021 as a Financial Aid Officer and am now the Associate Director of Financial Aid. I decided to pursue my MBA in January 2023 and graduated in August 2024. Dr. Denton was a pivotal instructor in my education at Keiser. Her passion for teaching and real-world application of business concepts greatly enhanced my learning experience. She took the time to understand my goals and offered mentorship that shaped my career path. Diane Shuniya, a colleague and fellow MBA graduate, also shared her experiences and insights, which were invaluable as I worked toward earning my degree. Keiser has profoundly impacted my life by providing a flexible, hands-on education that allowed me to balance my career with my studies. The MBA program gave me advanced leadership skills, strategic thinking, and a professional network that I wouldn't have gained otherwise. It gave me the confidence to pursue higher-level positions and a deeper understanding of business operations and management. Without Keiser, I wouldn't have the career opportunities I have today or the clarity to navigate the corporate world.

Nicholas Chatman

Master of Business Administration
August 2024

ALUMNI TESTIMONIALS

My life has changed for the better with the variety and amount of information I have gained from being a student at Keiser University. My Crime Scene Technology instructors, including Professor Shoemaker, Professor Lacau, and many others, played a crucial role in my journey, along with Dean Fowler and my amazing admissions advisor, Miss Sabrina. During courses like Psychology and English Literature, the support from a writing studio teacher helped broaden my perspective and contributed to my success. This academic experience has given me a new perspective on life, and I am grateful!

Safa Hill

Associate of Science in Crime Scene Technology
October 2024



When I first enrolled at Keiser University, I felt apprehensive due to my limited experience with higher education and uncertainty about what to expect. However, my professors made the learning process easier, ensuring I fully understood the material. Professor Manderville had a profound impact on my life. Her live sessions were not only informative, but her positive and passionate approach to teaching made a lasting impression. The enthusiasm in her voice showed how much she enjoyed both her subject and helping us grasp the concepts, making learning an engaging experience. Rohan Kelly also played a key role in my success, constantly checking in through emails, calls, and texts to ensure I stayed on top of all necessary documentation. Keiser University has profoundly impacted my life by providing me with knowledge I can apply in both my daily life and new career. It has expanded my perspective, encouraged me to approach the world with greater openness and awareness, and given me the skills and confidence to succeed in my professional journey.

Tania Flounry

Associate of Arts in Health Services Administration
February 2025



SUMMER 2025

05/12/2025 - 08/31/2025



UPCOMING EVENTS

MAY

- National Physical Fitness & Sports Month
- Mental Health Awareness Month
- Military Appreciation Month
- AAPI Heritage Month

- Student Appreciation Day
- Welcome Back

JUNE

- Alzheimer's Awareness Month
- Immigrant Heritage Month
- Gun Violence Awareness Month
- National Caribbean-American Month
- National PTSD Awareness Month

- Juneteenth Celebration
- Parfaits with the President

JULY

- Disability Pride Month
- French-American Heritage Month
- Plastic Free July
- National Minority Mental Health Awareness Month

- 4th of July Celebration

CONTACT:

Jade Smith
Student Services Coordinator
Jade.smith@keiseruniversity.edu

CAMPUS GUIDE



CAMPUS PRESIDENT

1st Floor

Dr. Kelly Moore

kelly.moore@keiseruniversity.edu

ADMISSIONS

1st Floor

Monday - Thursday: 7:30am -8:00pm

Friday: 7:30am -5:00pm

Saturday: 9:00am -1:00pm

Darrien Dickson

Director of Admissions

darrien.dickson@keiseruniversity.edu

Enrollment

New Program Inquiry

Continuing Students

BURSAR

1st Floor

Monday- Thursday: 7:30am -8:00pm

Friday: 7:30am - 5 :00pm

Saturday: 9:00am - 1:00pm

Robyn Kaner

Business Manager

robynk@keiseruniversity.edu

Monthly Payments

Ledger Cards

Re-entry

ADDITIONAL RESOURCES

Student Lounge:

2nd Floor

Bookstore:

3rd Floor

Auditorium:

5th Floor

FINANCIAL AID

1st Floor (New Students)

6th Floor (Continuing Students)

Monday - Thursday: 7:30am -8:00pm

Friday: 7:30am - 5 :00pm

Saturday: 9:00am -1:00pm

Jorge Skala

Director of Financial Aid

jskala@keiseruniversity.edu

Grants

Scholarships

Student Loans

Federal Work Study Program

Military Affairs

VA Certified Official



DEAN/ ASSOCIATE DEANS

3rd Floor

Monday - Thursday: 7:30am - 8:00pm

Friday: 7:30am -5:00pm

Dr. Joann Raphael

joann.raaphael@keiseruniversity.edu

Dean of Academic Affairs

Dr. Chijioke Ejimofor

cejimofor@keiseruniversity.edu

Associate Dean of Nursing Programs,
Imaging Sciences, Medical Lab Technician,
Medical Assisting Science, and Medical
Administrative Billing and Coding

Luc Pauleus

luc.pauleus@keiseruniversity.edu

Associate Dean of Business Accounting,
Psychology, Health Services
Administration, Occupational Therapy,
Radiologic Technology, Respiratory
Therapy

Dr. Mia Merritt

mia.merritt@keiseruniversity.edu

Associate Dean of Criminal Justice,
Forensic Investigations, Information
Technology, Health and Human
Performance, Diagnostic Medical
Sonography, and Physical Therapist
Assistant



REGISTRAR

3rd Floor

Monday - Thursday: 7:30am -8:00pm

Friday: 7:30am - 5:00pm

Saturday 9:00am -1:00pm

Jazmin Fernandez

University Registrar

jazminef@keiseruniversity.edu

Class Schedules

Transcripts

Attendance

Transfer Credits

LIBRARY

3rd Floor

Monday - Thursday: 7:30am - 9:00pm

Friday: 7 :30am - 5 :00pm

Saturday: 9:00am - 1:00pm

Nicholas Blaga

Director of Library Services

nblaga@keiseruniversity.edu

Reference Center

Copies

Library Orientation

STUDENT SERVICES

5th Floor

Monday-Thursday: 7:30am -8:00pm

Friday: 7:30am -5:00pm

Dr. Jovan Davis

Director of Student Services

jovan.davis@keiseruniversity.edu

Career Development

Placement Assistance/Resume Referrals

Parking Decals

Student IDs

Student Insurance Information

Student Organizations

Leadership Distinction Program

Keiser Kiosk

Graduation Application

Diploma Distribution

Student Resources

Career Resource Center

Career Center

Keiser University

1500 NW 49th St. Fort Lauderdale, FL 33309 | Tel. 954.776.4456

COMMUNITY RESOURCES FOR STUDENTS

KU Information Hotline: 1-877-3-Keiser (534737)

General Community Resources

211 Broward | Dial 2-1-1 | www.211-Broward.org

Student Insurance

Insurance for Students | 800-356-1235 for Clinical Externships |
www.insuranceforstudents.com/Keiser

Housing

The Broward Partnership | 954-779-3990 | info@bphi.org |
Covenant House FL | 954-561-5559 | 1-800-683-8338 |
Broward Outreach Center | 954-926-7417 | info@caringplace.org
HOPE South FL | 954-566-2311 | help@HOPEsouthflorida.org
Lotus House | 305-438-0556 | love@lotushouse.org
Catholic Charities | 305-754-2444 | info@ccadm.org

Food

There is a food pantry located on the 5th floor in Student Services.

Salvation Army | 954-524-6991 | 239-278-1551
Prevention Central FTL Office | 954-900-1303
Craig's Pantry | 954-648-6359 | Carla@craigspantry.org
Hollywood Community Church | 954-322-4302
Life Net 4 Families | 954-792-2328 | info@LN4F.org

Childcare/Children's Services

Children's Services Council | 954-377-1000 | www.CSCBroward.org
Local YMCA | 954-989-9622 | www.YMCA.org

Mental Health

META Teletherapy | 833-844-META | www.META.app/students
National Alliance on Mental Illness | 703-524-7600 | www.namibroward.org

Transportation

Tri-Rail | 800-874-7245 | www.Tri-Rail.com
Broward County Mass Transit | 954-357-8400 | www.Broward.org/BCT

Veteran Services

Mission United | 954-462-4850 | www.UnitedWayBroward.org/Mission-United
Broward County Veterans Division | 954-714-2381 | www.VetCenter.va.gov
Veteran Crisis Hotline | 1-800-273-8255 | www.VeteranCrisisLine.net

Clothing

Keiser's Kloset: is located on the 5th floor in Student Services.
Scrub Swap: Gently used scrubs are available on the 5th floor in Student Services.





Leadership Distinction Program

Fact Sheet

- The Leadership Distinction Program is open to all students.
- Students must participate in the required number of leadership seminars based upon the length of their program and the required number of community service hours:
 - Associate program: 8 leadership seminars; 8 hours of community service
 - Bachelor program: 10 leadership seminars; 16 hours of community service
 - Master program: 8 leadership seminars; 8 hours of community service
- Seminars will be provided by the Department of Student Services and held on campus in a classroom, auditorium, designated space, or virtually as well as made available on a monthly basis.
- For the following 4 seminars, attendance is required:
 - Getting the Interview
 - Includes: Cover Letter, Resume, and Thank you
 - The Interview
 - Includes: Interviewing Skills and Soft Skills
 - Financial Success Strategies
 - Job Search Using Technology
- The following seminars will also need to be made available:
 - The Power of Networking
 - Study and Reading Strategies
 - Time Management
 - Leadership Development and Soft Skills
 - Civic Responsibilities
 - Virtual Interviews
 - Success in Your Job
 - Professionalism
 - Dos and Don'ts of social media
 - Career Fair Success
 - Emotional Intelligence
 - Linked-In
- Upon completion of the program, the student will receive:
 - Single red honor cord to wear at graduation and denoted in commencement program.
 - Letter of completion of Leadership Program by Campus President
 - Student Certificate

Early Start Can Land a Job

Here are more job-hunting tips:

Talk to the people who work in your campus career services center. They organize job fairs and interview days for recruiters on campus. They get phone calls and letters all the time from employers looking for job candidates.

Use networks of friends, professors, and alumni to find out about job openings.

Be active, not reactive. Don't just put your resume on Web sites and wait for the phone to ring.

Do internships before or during senior year. They can show you what you like or don't like to do, and expose you to possible future employers.

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Visit college central for more career tips

Upload Your Résumé To Our Talent Network!



Join The Network! Access exclusive and national jobs. Upload your résumé.
Build your career portfolio. Listen to or read career advice. And *more!*



CollegeCentral.com/KEISER

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KEISER UNIVERSITY MOBILE APP

DOWNLOAD FOR ADDITIONAL OPPORTUNITIES TO STAY CONNECTED.

- Check grades
- Upload course content
- Visit the library
- Visit the bookstore
- Search the faculty directory
- And much more



**Download
the app**

GOOGLE PLAY



APPLE APP STORE



Dress for Success



A significant part of a hiring decision is based on nonverbal elements in an interview—handshake, eye contact, body language, posture, listening skills, clothing, grooming and accessories. Don't overlook the power of a good first impression. People make amazing assumptions about your professional credibility and potential performance based upon your appearance during a first meeting. It's very difficult to overcome a poor first impression, regardless of your knowledge or expertise.

Women's Interview Attire	Men's Interview Attire
<ul style="list-style-type: none"> • Solid color, conservative suit • Coordinated blouse • Moderate shoes • Limited jewelry • Neat, professional hairstyle • Tan or light hosiery • Sparse make-up & perfume • Manicured nails • Portfolio or briefcase <p>Women</p> 	<ul style="list-style-type: none"> • Solid color, conservative suit • White long sleeve shirt • Conservative tie • Dark socks, professional shoes • Very limited jewelry • Neat, professional hairstyle • Go easy on the aftershave • Neatly trimmed nails • Portfolio or briefcase <p>Men</p> 

General Guidelines

- Select apparel, **fragrances (strongly suggest no cologne or perfume)**, jewelry, hairstyle, etc. that do not detract from your professional image. The interviewer's attention should be focused on what you say and your qualifications.
- Make sure your hair is clean, neat, and professionally styled. Avoid hairstyles that cover more than your forehead or one that you must brush back.
- Remove facial and body piercings other than single ear jewelry for interviews.
- Visible tattoos should be covered to avoid distraction.
- Apparel should be clean and neatly pressed.
- Apparel should fit well and remain in place while sitting and/or walking.
- If you question if something is appropriate, **don't wear it**.
- **Less is more.** Keep your look simple and successful until you become accustomed to the environment and learn about the company's dress code.



KEISER CLOSET

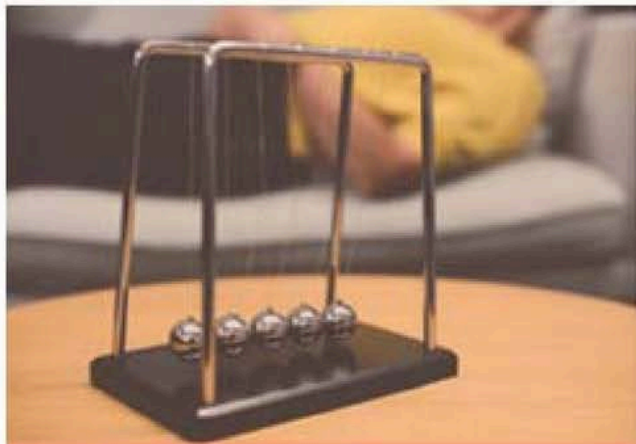


5TH FLOOR

**STOP BY AND GET
PROFESSIONAL CLOTHING,
FREE OF CHARGE!**

GENTLY USED SCRUBS AVAILABLE





What is Meta?

Meta is a mobile app that easily connects you to your choice of mental health professionals.

How does it work?

Once you've downloaded the app and completed a quick profile set-up, simply browse the directory to find a therapist and start a dialog over chat, video or phone.

Where do I get it?

Visit <https://meta.app/ku> to download the Meta app or use this nifty QR code.



Need help?
833-844-META

meta

How Meta Works

1

GET THE APP

Download the app and set up a profile

2

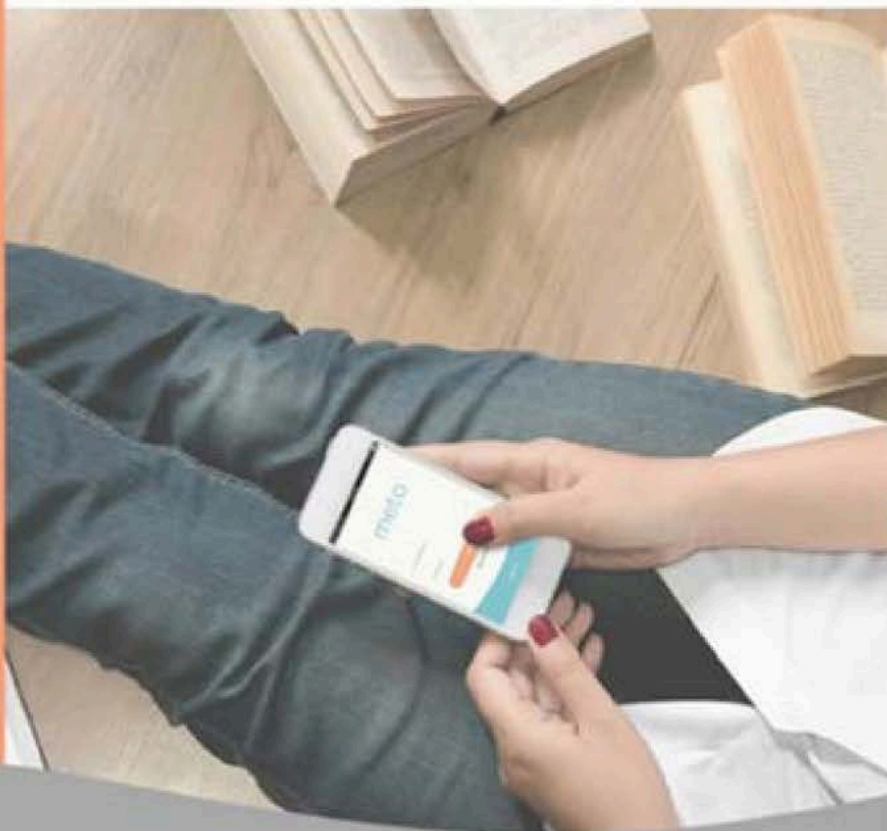
CHOOSE A THERAPIST

Browse the directory to find a therapist

3

START A DIALOG

Connect with a therapist via chat, video, and phone



meta.app/ku

MICRO- INTERNSHIPS

Don't wait for a full-time internship to gain professional experience. Micro-Internships can be done at all stages of your academic career and let you learn about different companies, roles, and career paths!

Who Can Apply:

- College Students
- Recent Graduates

Benefits:

- Hands-on Experience
- Skill Development
- Networking Opportunities
- Potential for Future Employment
- Always paid!
- Can take place year-round.
- Typically range from 10 to 40 hours of work.

Why Choose Parker-Dewey:

- Industry-Leading Experts
- Exciting Projects

Learn More:

<https://info.parkerdewey.com/keiseruniversity/students>



Learn More:



MICRO-INTERNSHIPS



Getting Started:

1. **Sign up for Parker Dewey.** Using the link provided, create an account.
2. **Create/Update your resume.** Candidates with resumes are significantly more likely to be selected.
3. **Create an account on LinkedIn.** This can help you establish your professional network and online presence, and it's easy to get started.
4. **Get assistance.** Career Development is here to help.
5. Keep your resume and LinkedIn profile up-to-date as you gain more experiences.

DON'T KNOW WHERE TO CALL?

¿NO SABES A DONDE LLAMAR?

Help is a Phone Call Away!

Ayuda es Una Llamada Telefónica!

DIAL

MARQUE

2-1-1

2-1-1

*Want somebody who will listen?
You don't have to handle it alone!*

*Free confidential assistance
24 hours a day – 7 days a week*

*¿Desea alguien que te escuché?
¿Usted no tiene que manejarlo solo!*

*Ayuda gratis y confidencial
24 horas al día – 7 días a la semana*

Depressed?

•

Suicidal?

•

Lonely?

•

Family Problems?

•

Financial Problems?

•

Relationship Issues?

•

Health Service Needs?

•

Substance Abuse?

•

Need Food or Shelter?

•

Abuse / Violence Issues?

•

Emotional crisis?

Depresión?

•

¿Prevención de Suicidio?

•

¿Soledad?

•

¿Problemas de Familia?

•

¿Problemas Financieros?

•

¿Problemas de Relación?

•

¿Necesidad de Servicio de Salud?

•

¿Abuso de Sustancias Ilícitas?

•

¿Necesidad de Comida o Refugio?

•

¿Problemas de Abuso o Violencia?

•

¿Crisis Emocional?

Any time of the day or night, for
any non-emergency problem or
need that you may have...

En cualquier momento del día o la noche,
para cualquier problema no de emergencia o
necesidad que usted pueda tener ...

Dial 2-1-1 or (954) 537-0211

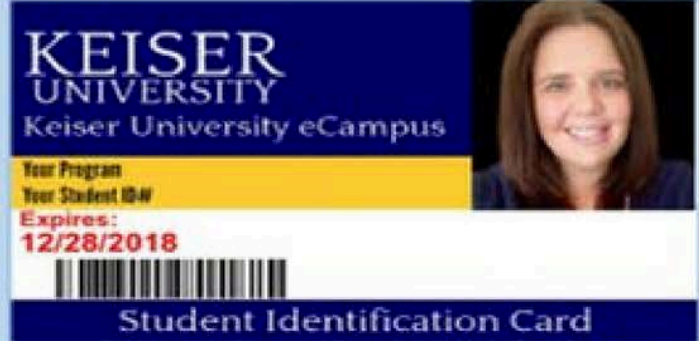
Marque 2-1-1 o (954) 537-0211

Need a Student ID Card?

**New and active students are eligible to receive (1) student ID card free of charge.
*Replacement/Duplicate IDs are \$15.**

All photos must meet the following criteria:

- Selfie/Headshot with the entire front of the face.
- No filters.
- No hats or sunglasses.
- No angles. Image should be straight on.
- Not zoomed all the way in.
- No pictures of pictures.



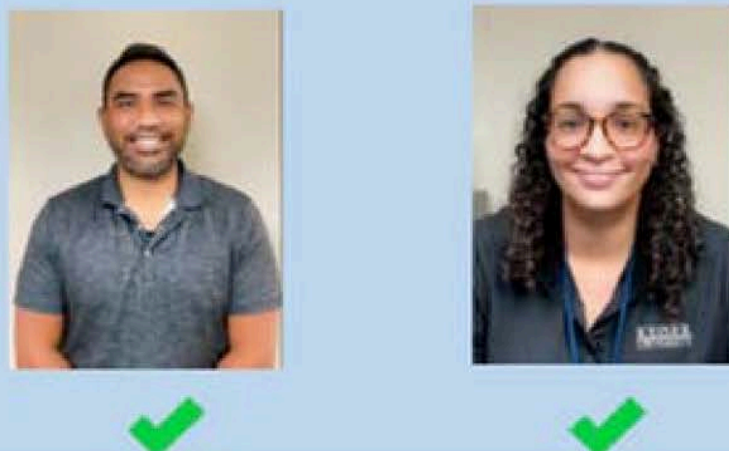
Not Acceptable Photos:



How to take the photo: Take a Selfie or have someone take a picture for you.



Acceptable Photos:



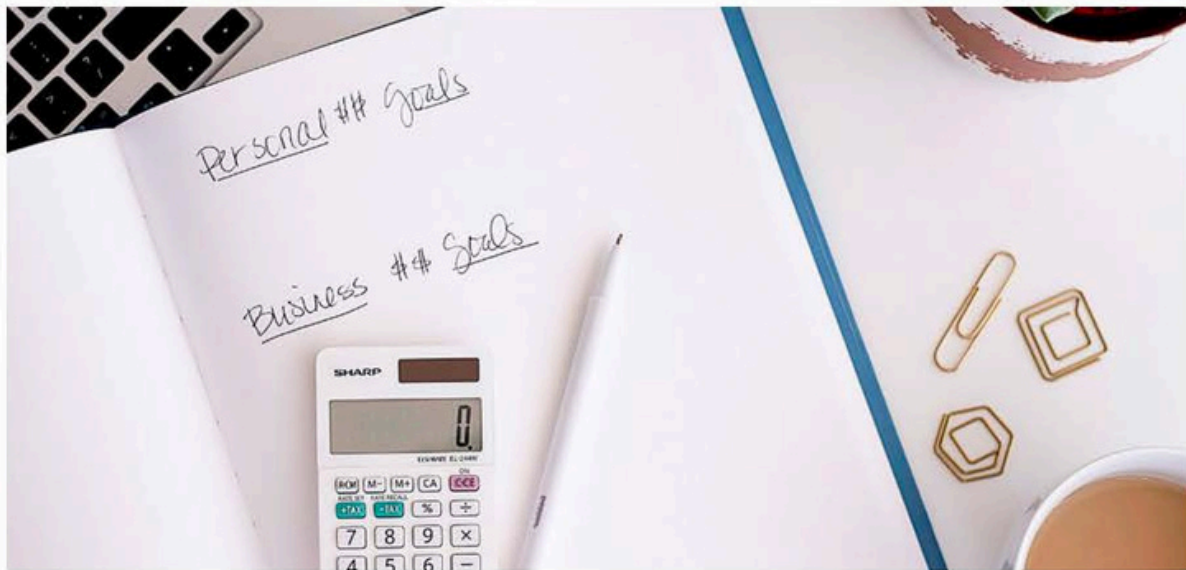
Scan and search for jobs.



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Where emerging talent and employers connect.®

collegecentral.com/keiser



A Financial Reset for 2025

Contributed By: Geoff Stam, Director Default Management and Financial Wellness, Office of the Chancellor

Hello 2025! While we set our financial sights on a new year, we continue to see everything from eggs, to gasoline, to clothing, to our electric bill cost us more money. Our dollar seems to cover less and less. With that in mind, how do we make the money we have stretch further?

It's time to re-evaluate and reset our budget. We don't necessarily have to cut out or down on everything we do, but where can we make some adjustments to make sure everything we need to cover financially is handled.

Wondering where to start? Begin with the Short-Term Financial Goals. These goals typically are less complicated to complete and generally more manageable. Anything from saving for an emergency fund, paying down a credit card or other debt, saving for a special item, or making sure you are breaking-even at the end of the month/budgeting period. Your goals depend on your personal (family) financial status. Create these goals with the **SMART** principles in mind to set you on your path.

The **SMART** principles: **Specific** – very clearly defined; **Measurable** – has check-points to show progress; **Attainable** – a goal that you can complete and is not out of reach; **Relevant** – goal is yours (and your family's) and important to your financial health; **Time-Framed** – you have a time to complete it (3 months, 6 months, 12 months).

Next, determine your income, identify expenses (ALL of them), and create a simple budget. This is your roadmap to completing your financial objectives. View your budget as a guide to your money and not a restrictive document. A way for you to tell your money what to do versus wondering what happened to it all. But don't forget to treat yourself (even if it's a small treat) within your budget. Your short-term goals should drive this budget.

If you've never created a budget before, it might be frustrating initially and the first attempt may not be successful, and that's okay. If you learn from the mistakes and apply them to the next budget, it will be

more effective. Plus, there are plenty of FREE tools available to take advantage of that can assist you along the way.

It's not a document set in stone, it will change and refine itself over time. The more you use it, the more effective the budget will become, and you will see your goals nearing completion. Here are some sites to help:

<https://www.google.com/sheets/about/>

<https://mint.intuit.com/>

<https://goodbudget.com/>

<https://www.rocketmoney.com/>

<https://www.ramseysolutions.com/everydollar/budgeting>

<https://portal.iontuition.com>

Focus on the positive that comes from any of the financial goals you have achieved! Don't let your mistakes stop you from trying to realize financial success, learn from them. Every goal you reach will help you move on to the next goal and the next. With some work, determination, and perseverance, you can make 2023 a financial success!

Attention Student Loan Borrowers!

If you hold federal direct Unsubsidized loans, interest will start to accrue on those loans from the time they are disbursed. Federal direct Subsidized loans will continue to have interest paid by the federal government while you remain a student above ½ time (in-school deferment) or are on a deferment period such as grace period.

Please register for the free website <https://portal.iontuition.com> to track your loans; know your servicer, review interest rates and accrual as it restarts, understand repayment plans/options, as well as deferment, forbearance, and consolidation.

Please feel free to contact me if you have any questions or need additional assistance. I can be reached at (904) 238-3099, or gstam@keiseruniversity.edu.



**GET CONNECTED
ON CAMPUS!**



**JOIN A STUDENT
ORGANIZATION!**

Questions? Contact:
jade.smith@keiseruniversity.edu



PHI THETA KAPPA HONOR SOCIETY

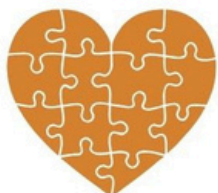
Phi Theta Kappa (PTK) recognizes the academic achievement of college students and provides opportunities for its members to grow as scholars and leaders.

How to Join?

- ✓ Speak to advisor about eligibility.
- ✓ Once your eligibility is determined, you will receive an email from the official Phi Theta Kappa organization, prompting you to become an official member.
- ✓ Upon enrollment, you must pay dues.

Requirements?

- ✓ 3.5 Grade point average required.
- ✓ Must be in good standing with the institution.



CONTACT FOR MORE INFO



jade.smith@keiseruniversity.edu





SGA

XXXXXX
XXXXXX
XXXXXX
XXXXXX

STUDENT GOVERNMENT ASSOCIATION

JOIN NOW!



YOU ARE READY TO LEAD

The Student Government Association is a student-led group representing the interest of all students in the decision-making process.

Requirements:

- Members must be currently enrolled, active students holding a GPA of 2.0 or higher.
- Officers must be currently enrolled, active students holding a GPA of 2.75 or higher.



Why you should join:

- Become more involved on campus!
- Opportunity to earn a cord to wear on graduation day!
- Create change across the KU-FTL campus!
- Gain awesome leadership skills to put on your resume!

Contact Us: jade.smith@keiseruniversity.edu


Join Now !

XXXXXX
XXXXXX
XXXXXX
XXXXXX



SNA

STUDENT NURSES ASSOCIATION



SNA fosters professionalism as well as personal and academic growth among student nurses through a variety of activities and goals.

Why be a member?

- Leadership development and community outreach opportunities
- Induction ceremony and recognition
- Networking with students and healthcare professionals

JOIN NOW!

Steps to Join:

Questions? Contact:

tarah.roch@keiseruniversity.edu

1. Go to: nsnamembership.org
2. Pay membership fee: Pricing: \$35 for One Year \$70 for Two Years.
3. Once you receive your confirmation, please email your first and last name, cohort, and member ID to your ambassador and email Dr. Roch at tarah.roch@keiseruniversity.edu





MSOT- SOTA

**STUDENT OCCUPATIONAL THERAPY
ASSOCIATION**

The SOTA club Promotes awareness and service of occupational therapy throughout our campus and the community.

Getting Involved:

- All students currently in the OTA program are members of SOTA club. There is no application process required.
- There are no dues associated or required for membership in SOTA club. There are no local, state or national dues required.



Contact: Lareyes@keiseruniversity.edu
OR
Tara.casimano@keiseruniversity.edu



SVA

STUDENT VETERANS ASSOCIATION

About:

SVA offers resources, networking opportunities, and a chance to connect with others who understand your unique experiences and challenges.

**Open to all currently enrolled
Veteran students!**

CONTACT ADVISOR FOR MORE INFO:

trichardson@keiseruniversity.edu



“Success isn’t always about ‘Greatness’, it’s about consistency. Consistent, hard work gains success. Greatness will come.”

– Dwayne “The Rock” Johnson

