



Summer 2018

Volume 1, Issue 1

Join the Leadership Distinction Program

The Leadership Distinction Program consists of a series of professional development seminars designed to compliment your academics endeavors and prepare you for the competitive workforce.

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Memorization Techniques

From The Writing Studio

Provided By: *Ms. Mirza, Writing Studio Coordinator*

Cultivating effective test-taking skills will help you in school as well in your career. The following strategies will help you maximize those test grades:

1. Ensure that you attend all classes. Instructors will frequently point to topics that will appear on upcoming tests as they go through course material. Make sure to write down all such information (committing it to memory may let you down).
2. Develop a regular study schedule. Trying to recapture vast amounts of class information from lectures and textbook just before a test will create anxiety and brain overload. In addition, this crammed information does tend to “evaporate” and let you down (as you may have discovered).

Instead,

A) Go over material covered and notes written in class at some point during the same day that it is delivered in the classroom.

- B) Make connections between ideas and topics as the course proceeds. This will ensure a thorough understanding of the material, and help you answer test questions correctly.
- C) Make sure to ask your instructor to explain points that you may not have fully grasped in class.
4. Carefully analyze previous tests (especially those in which you did not do as well as expected), to see which areas are weak. For example, do you read through questions too quickly, providing wrong or inadequate answers? Did you write notes in class that were too brief and sketchy, missing important connections and comprehension cues the teacher pointed out? Make a deliberate effort to counter these tendencies.
5. When a test is announced, make sure to ask your instructor what kind of test it will be. Will it be multiple-choice, true-false, or will it be a short-answer or essay test? Knowing the format of the test will help you

better anticipate and mentally prepare for it. Your instructor may also give you additional information that will help you do better in the test.

6. Make sure to arrive in class a few minutes early so that you can settle down comfortably and prepare your test-taking materials. Arriving late and flustered will take away from maximum efficiency in test taking.
7. Stay relaxed and confident. Remind yourself that you are well prepared and will do well. Taking a few deep breaths will put you in a calm frame of mind. You can pause and take a few deep breaths at any point during the test that you feel anxiety building up.
8. Carefully read every question, pause to take in exactly what you are being asked to answer, and then beginning answering.
9. Manage your test-taking time efficiently. Answer questions in a strategic order:

“ The greatest pleasure in life is doing what people say you cannot do”

- Walter Bagehot

“ The roots of education is bitter, but the fruit is sweet”

- Aristotle

From The Writing Studio

Answer the easiest questions first to get into a confident frame of mind.

- Then answer those with the most point value (if your test has different values for questions).
- On multiple-choice tests, eliminate answers that are obviously incorrect. This will leave fewer options for you to pick from.
- On essay tests, spend a minute or so to create a broad outline of your answer, and jot down points in sequence. In other words, plan your answer on paper before beginning to write.
- Do not obsess over an answer that you are unsure of. First com-

plete the questions that you feel sure about. You can go back to the unanswered questions later (see #9).

10. Resist the urge to leave the moment you have completed the test. Review your answers! You may find errors that you could correct. In addition, after completing the entire test, you could have gathered information (sometimes through a careful reading of a question) that will help you add to or revise answers that you have already written.

As you can see from the above guidelines, successful test-taking requires strategic planning. Incorporating scheduled study time for your course work will provide a strong

knowledge bank which will not let you down (unlike last minute cramming). Good Luck!



SOTA Tostada & Coffee Sale

Students from the Pembroke Pines Student Occupational Therapy Association hosted a Tostada and Coffee Sale. Funds raised when towards the Sabrina Cohen Foundation (SCF) a 501c3 nonprofit organization dedicated to funding and developing adaptive fitness and recreational pro-

grams that provide a better quality of life for individuals





The Cystic Fibrosis Foundation

Since 1955, the Cystic Fibrosis Foundation has been the driving force behind the pursuit of a cure. Thanks to the dedication and financial backing of our supporters — patients, families and friends, clinicians, researchers, volunteers, individual donors, corporations and staff, we are making a difference.

What Is Cystic Fibrosis?

Cystic fibrosis is an inherited chronic disease that affects the lungs and digestive system of about 30,000 children and adults in the United States (70,000 worldwide). A defective gene and its protein product cause the body to produce unusually thick, sticky mucus that:

- clogs the lungs and leads to life-threatening lung infections; and obstructs the pancreas and stops natural enzymes from helping the body break down and absorb food.

In the 1950s, few children with cystic fibrosis lived to attend elementary school. Today, advances in research and medical treatments have further enhanced and extended life for children and adults with CF. Many people with the disease can now expect to live into their 30s, 40s and beyond.

Symptoms of Cystic Fibrosis

People with CF can have a variety of symptoms, including:

- very salty-tasting skin;
- persistent coughing, at times

- with phlegm;
- frequent lung infections;

- wheezing or shortness of breath;

- poor growth/weight gain in spite of a good appetite; and frequent greasy, bulky stools or difficulty in bowel movements.

Statistics

- About 1,000 new cases of cystic fibrosis are diagnosed each year.

- More than 70% of patients are diagnosed by age two.

- More than 45% of the CF patient population is age 18 or older.

Spring Career Fair

The Pembroke Pines campus held their annual Career Fair where students and graduates had the opportunity to network with employers on current employment opportunities. Students and graduates were encouraged to dress for success, practice their pitch, and bring resumes, amongst

other tips to increase their opportunity for an interview, which could result in gainful employment.



“A hero is someone who has given his or her life to something bigger than oneself”

- Joseph Campbell

Everyday Hero Awards Keiser University Recognition



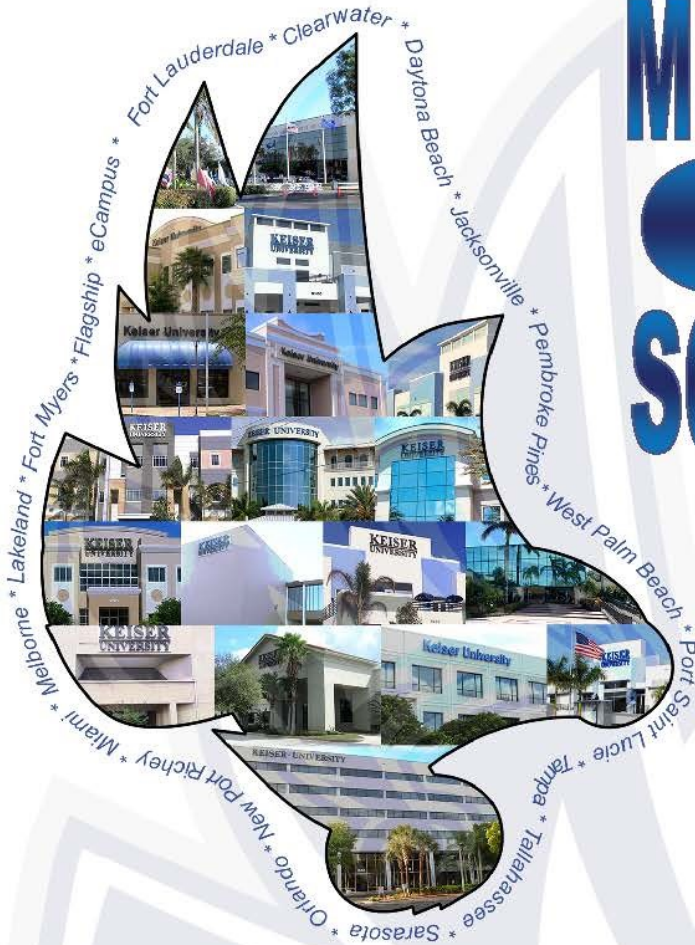
From Left: Christine Mueller, Nursing Program Director, Ft. Lauderdale Campus, Etzer Massenat, Associate Dean of Advance Technology, Melissa Forges, Director of Student Services

The Miramar Pembroke Pines Regional Chamber of Commerce in partnership with Trustbridge hosted the 1st Annual Everyday Hero Awards, “a tribute to the individuals and organizations who have made a positive difference in the community”. Keiser University was nominated not only for the local philanthropic efforts in Pembroke Pines and Broward County, but for outstanding service to the communities across Florida with charitable giving and volunteer service hours through fundraisers amounting to over \$1.5 mil-

lion. The “2018 Corporate Hero Nominee” award was received by Pembroke Pines’ Associate Dean of Information Technology, Etzer Massenat and Director of Student Services, Melissa Forges. In special attendance was Christine Mueller, Nursing Program Director from Ft. Lauderdale’s campus due to the strong partnership the stellar nursing program has with Trustbridge in addition to the impact the nursing program has in the community positively making a difference.



Many campuses **ONE** Seahawk Family



Let your dreams soar higher
with your lifetime access
to the Seahawk Family.

Stay connected with us at
<http://alumni/keiseruniversity.edu>

*Your Alma Mater is here to share &/or
assist in your developments and
successes: New Jobs, Promotions,
Engagements, Anniversaries, Baby
Announcements, Employee Leads,
Employer Leads, and much more!*

Show your **Seahawk Pride** with a **KU License Plate**



Sample of a Keiser University
License Plate



License Plate Covers
also available!

When you purchase
your KU Plate, you'll
support future Seahawks.

<http://alumni.keiseruniversity.edu/give/ku-license-plate>

Pembroke Pines Commencement Ceremony 2018



From Left: Piotr Lechowski, Campus President, Frank C. Ortis, Mayor of Pembroke Pines, Luciana Soares, Dean of Academic Affairs, Monique Tablada, Director of Admissions, Jose Velazquez, Associate Dean

Pembroke Pine, Florida – May 18, 2018.

More than 90 students will cross the stage to accept their degrees in front of their proud family, friends, faculty, and campus staff during spring commencement at Keiser University's Pembroke Pines campus. The ceremony is set for 7 p.m. Friday, May 18, 2018 at the Charles F. Dodge City Center in Pembroke Pines.

"This past year, KU-Pembroke Pines celebrated 100 years of the Occupational Therapy and Dietetics and Nutrition Associations. It is an honor and a privilege to be able to educate, train and graduate students in such timeless professions," Campus President Piotr Lechowski said.

The two top students for this graduating class are Carly Fazio, valedictorian, who has already passed the RDN exam and been accepted in Graduate School, and Yolanda Johnson, salutatorian, who has participated in many of the campus Leadership Distinction projects. Both students earned Bachelor of Science degrees in Dietetics and Nutrition.

This year's commencement speaker is the Honorable Pembroke Pines Mayor, Frank C. Ortis. Mayor Ortis, a Pembroke Pines resident since 1977, has been the recipient of many awards, honors and recognitions for his work as a civic leader. He presented the 2012 Public Leadership in the Arts Award and was named the Cities of Excellence "Mayor of the Year" by the Florida League of Cities.

Keiser University Pembroke Pines College of Advanced Technology welcomed 2018 with two new Master's degrees: Information Security and Information Technology Leadership. "Offering these two new programs, while enhancing the existing ones through academic quality and community partnerships, will better service our students and yield Pembroke Pines Campus as a vital element of South Florida community," Lechowski said

Pembroke Pines Commencement Ceremony 2018



Are You Having Trouble Logging in to Blackboard and the KU Student Portal?



The IT department switched all of the student email accounts from Gmail to Outlook365, a few months ago. You should have logged in to <https://login.microsoftonline.com> then and set up your existing Keiser email address on that website.

Many of the students seem to be having problems logging in because of the following issue:

Every two months you will have to login and reset your password to one of your own choosing, if you want to access Blackboard. Instructions on how to do this should be posted on the KU Blackboard login page @ <https://keiseruniversity.blackboard.com/>

The KES Libraries has prepared a brief tutorial to follow with student email instructions:

1. Students will type in the Office 365 login on the browser address bar: <https://login.microsoftonline.com> or they can just type in Office.com and click on login.
2. There you will type in your entire KU student email address for the username, your Student ID # for the password. Please note that some students are able to keep their student ID # for their password, while others are prompted to change their password.
3. You must complete one of three security checks to retrieve their account/password if necessary. That is how you will retrieve your password if you forget it.
4. You then will need to select Eastern Time (US and Canada) from a drop down menu for the time zone.
5. The password for Blackboard and the Student Portal will now use the password they selected for their Office 365 account. Therefore, you currently cannot log in to Blackboard or the Student Portal unless you have an account on Microsoftonline. If you still have questions, please see Bonnie Marshak in the KUPP Library for help.



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NATIONAL ASSOCIATION OF
INTERCOLLEGIATE ATHLETICS



Writing Studio Winners



From L: Luciana Soares, Dean of Academics; Sara Lopez, Second-place winner; Piotr Lechowski, College President; Cindy Ortega, First-place winner; Noorina Mirza, Writing Studio Coordinator.

The Writing Studio at Keiser University Pembroke Pines just held its bi-annual essay writing competition. Students were asked to write about any two goals that they hoped to accomplish by the end of 2018, and the strategies they had in mind for reaching their objectives. As always, many talented writers sent in their submissions, from which two winners have been selected. The first-place winner is Cindy Ortega, while the second place winning essay was submitted by Sara Lopez. Both students wrote essays that combine strong meaningful content with clarity, coherence, emotional sincerity, and an effectively communicative writing style. Campus President, Piotr Lechowski and Dean of Academics, Luciana Soares presented the two winners with award certificates as well as gifts for their achievement.



Food Truck Invasion

AT Keiser University, it's always "STUDENTS FIRST"

You asked, and they're here.

The Food Truck Invasion has made its way to Keiser Pembroke Pines.

Students are flocking to all the varieties of cuisine they can enjoy each week.

You can start your adventure in the islands by visiting "Da Big Jerk" or going south of the boarder and eating at "TacoSaurus". Regardless you will find Food Nirvana and something for everyone!





Graduating?

Attend the **MANDATORY** GRADUATE EXIT SEMINAR

THURSDAYS | 1:15 PM OR 5:15 PM
Computer Lab, Room 203

June 14th | July 12th | August 9th
September 13th | October 11th
November 8th | December 6th



RSVP with Student Services
954.431.4300

PREREQUISITES

- Upload Résumé to College Central Network <http://collegcentral.com/keiser>
- Complete Testimonial Form <https://www.keiseruniversity.edu/graduate-testimonial-form/>



Information Security, M.S.

Keiser University's Master of Science program in information security is an intensive graduate level program that provides information technology professionals with theoretical and practical knowledge in security concepts such as access control; secure application development; business continuity planning; cryptography; e-commerce regulations; operational, physical and architectural security; and telecommunications and network security.

Note: Hybrid 8 Weeks Course with Face-to-Face every other Saturday

Information Technology Leadership, M.S.

The Master of Science program in information technology leadership is a career-oriented, multidisciplinary program designed to provide students with the required competencies in management and technology.

Note: Hybrid 8 Weeks Course with Face-to-Face every other Saturday



In anticipation of a possible active hurricane season, Keiser University would like to provide helpful information to assist in preparation. The most important thing you can do as hurricane season approaches is to get yourself, your family and your home prepared.

By starting early, you'll avoid the rush at home supply stores, grocery stores and other venues typically crowded and often chaotic when hurricane watches and warnings are issued.

You should stock six basics for your home: water, food, first aid supplies, clothing and bedding, tools and emergency supplies, and special items. Keep the items you would most likely need during an evacuation in an easy-to carry container—suggested items are marked with an asterisk (*). Possible containers include a large, covered trash container, a camping backpack, or a duffle bag.

Make your preparations easier by downloading the checklists included with each category and use them as you shop and store your supplies.

Hurricane Safety Checklist:

<http://hurricanesafety.org/prepare/hurricane-safety-checklists/>

Keiser University Safety & Security Information Website:

<http://www.keiseruniversity.edu/safety-and-security/>

(currently it routes to the main website, however, when a security issue arises such as an impending weather threat, updates are listed on the website)

Keiser University Information/ Emergency Hotline:

1-877-3-KEISER (534737)

Free Hurricane Apps:

- ◆ Hurricane – American Red Cross
- ◆ WSVN Hurricane Tracker
- ◆ Max Tracker - WPLG Hurricanes
- ◆ FEMA



KEISER TIMES



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If you are interested in contributing stories or topics to share with the Keiser University Newsletter team, please email your original writings to Erika Rodriguez, Associate Director of Student Services. Student writings will be reviewed and approved writings will be featured in the selected month chosen by the team.

If you are interested in being a full time writer on the team, please do not hesitate to email Student Services at erodriguez@keiseruniversity.edu. Student Writers must be committed to writing, research, interviewing, etc. Other requirements include time management, organization, and strict deadlines.

We highly urge students to become involved with a student organization that will enhance their experiences here at Keiser University and build upon student resumes and portfolios.

We look forward to making the Keiser University Student Newsletter YOUR INSIDE SCOOP to what's happening on campus!

Professional Development Workshop Dates

6/05/18- Do's & Don'ts of Social Media

6/19/18- Time Management

7/10/18- Financial Success Strategies

7/17/18- Study Skills

8/07/18- Getting the Interview

8/14/18- Job Search Using Technology

9/04/18- The Interview & Soft Skills

9/11/18- Professionalism

10/04/18- Financial Success Strategies

10/09/18- Leadership Development

10/23/18- Civic Responsibility

(All dates, times, and topics are subject to change without notice.)

This Leadership program is open to all students in, Associate's, Bachelor's and Master's degrees.

Students must participate in the required number of leadership seminars based upon the length of their program and required number of community service projects.

Upon completion of the program, the student will receive:

- Single red honor cord to wear at graduation and denoted in commencement program
- Letter of completion of Leadership Program by Campus President
- Student Certificate

Seminars will be provided by the Department of Student Services held on campus in a classroom, auditorium or designated space as well as made available on a monthly basis.

