



Winter Semester 2025

Keiser University
2085 Vista Parkway
West Palm Beach, FL 33411
www.keiseruniversity.edu
561-471-6000

January

- * Term A Begins—13
- * Graduate Seminar—16
- * Martin Luther King Jr. Day—
20 (No Classes)

February

- * New Student Orientation— 6
- * Term B Begins —10
- * Graduate Seminar—13
- * President's Day—17
(No Classes)

March

- * New Student Orientation— 6
- * Term C Begins—10
- * Graduate Seminar—13
- * Career Expo—13
- * Open House —22

April

- * New Student Orientation—3
- * Term D Begins—7
- * Graduate Seminar—10
- * New Student Orientation—27
- * Easter Break— 18 & 21
(No Classes)

May

- * Graduation Ceremony—1
- ***Spring Break**
5—9 (No Classes)
- * New Student Orientation—8
- * Term A Begins—May 12

The Leadership Distinction Program

To complete the Leadership Distinction Program, students must participate in the required number of leadership seminars based upon the length of their program and obtain the required number of community service hours:

Associate & Master programs: 8 leadership seminars; 8 hours of community service

Bachelor & Doctoral programs: 10 leadership seminars; 16 hours of community service



Upon completion of the program, the student will receive:

- Single red honor cord to wear at graduation and denoted in the commencement program
- Letter of completion of Leadership Program by Campus President
- Student Certificate

Seminar dates and times will be announced in the weekly Campus Connection and/or during class time. You must sign-in on the sign-in sheet to receive credit for attending a seminar.

Seminars: As a student continues his or her education with the institution, their seminars in the LDP are cumulative and roll over into the continuing degree program. Seminars will be announced in the weekly Campus Connection email.

Community Service: 8 hours are due at the Associate's level. If reenrolling in the Bachelor's program, 8 more community service hours are required (along w/2 more seminars). If the Bachelor's graduate reenrolls into a Master's program, then they would only need 8 additional hours of community service.

Dean's List 3.75-4.00

Fall 2024 Semester

Abi Chebel, Celine	Elliott, Shari	Laens, Malune
Alfaro, Maria	Escobar, Elizabeth	Laster, Amanda
Al-Khafaji, Yousuf	Estefont, Melky	Lopez, Leslie
Armand, John Peter	Eustache, Larry	Louis, Reginald
Bacallao Sanchez, Ismari	Exantus, Angara	Louis, Widina
Beckford Wallace, Georgia	Failds, Karly	Mack, Michelle
Begum, Romana	Fuller, Kyle	Madeus, Ashley
Berendsen, Letitia	Fuller, Linde	Mahmoud, Mayas
Bernal, Erika	Gibbs, Jabarri	Malloy, Chloe
Blake, Kemiesha	Gonzales-Hardesty, Lateya	Manzanares, Carlos
Bonilla, Jennifer	Gonzalez Cuba, Masiel	Masri, Malek
Brockington, Jenesis	Graham, Jasmin	Matthews, Faris
Brower, Adam	Grussing, Alexander	McDade, Madeline
Brown, Jamie	Guerra, Armando	Miller, Caitlin
Brown, Nickeita	Hagenmiller, Autumn	Miranda, Daniel
Butler, Caitlin	Hansen, Leana	Misko, Kaitlyn
Calixte, Gaele	Hernandez, Juliana	Mobley II, Christopher
Celestin, Wadline	Hernandez-Rubianogroot, Sophia	Moran, Carly
Ceron, Nicolas	Hill, Mikahla	Morris, KaiNicia
Clawson, Caleb	Hornat, Karina	Mosquera Gomez, Vanessa
Conley, Gary	Hudson, Maria	Murphy, Brock
Connelly, Brian	Hutchinson, Denise	Newbold, Jolise
Crooks, Marissa	Jaeger, John	Pacheco, Jonathan
Curtis, Samantha	Jean-charles, Mikerlange	Pacheco, Katarina
Daniels, Lejerrius	Jerrahian, Michael	Perez, Guimeilys
Davis, Soranny	Jones, Tshura	Pierre Jules, Schneider
Diaz, Tira	Joseph, Clairvens	Pitic, Emiliano
Dickens, Jamaal	Kelly, Troy	Quinones, Leilani
Dumke, Raeann	King, Angelica	Raichbach, Cameron
Dykes-Barnaby, Victoria	Klingerman, Stella	Ramos Martinez, Amanda
	Kobes, Ian R	Rapplean, Cassidy
	Kunter, Edwin	Rendon, Haley
		Reyes Gonzalez, Iliana

Dean's List 3.75-4.00

Fall 2024 Semester

Richards, Mackinee

Rios, Ramon

Riser, Tyrone

Rivas, Jilma

Rodriguez, Yadira

Roman, Andrew

Romero, Sofia

Rosa Vega, Marcus

Saines, Hannah

Santos Bada, Daniela

Schwartz, Kalli

Sessa, Paige

Shay, Kimberly

Smith, Erical

Smith, Shamaan

Sosa, Natalie

Sullo, Danielle

Tatroe, Anavah

Thornton, Ma'Kayla

Triana, Krystal

Vincent, Manoue

Weig, Andrew

Williams, Bryce

Williams, Shonaisa

Wolf, Avery Quinn

Wylie, Christopher

Younger, Jonathan

Honor Roll 3.50-3.74

Fall 2024 Semester

Adcock, Sarah

Bice, Brandee

Bonilla, Jennifer

Calixte, Gaele

Cardenas, Gil

Charles, Guerline

Civil, Cynthia

Clawson, Caleb

Coquillon, Doothy

Diddle, Mackenzie

Dor, Judeline

Dupuy, Kayi

Elliott, Shari

Ghelli, Sarah

Gibbs, Jabbari L

Gibson II, Andray

Goldstein, Beatriz

Gonzalez, Arnaldo

Grisales Moncaleano, Jeniffer

Guerra Palacios, Jesus

Hernandez, Juliana

Hernandez Gonzalez, Ana

Hill, Mikahla

Hockett, Aubrey

Holliday, Tatyana

Hollis, Ronnie

Ignacio, Celeste

Jacobellis, Victoria

Jacques, Fabiola

Kelly, Troy

King, Cor'niya

Lagat, Shirley

Lamb, Paul

Lenczycki, Amanda

Lopez, Leslie

Manzanares, Carlos

Marks, Abigail

Mason, Terri

Misko, Kaitlyn

Moise, Alix

Morival, Stephanie

Mosquera Gomez, Vanessa

Mourelatou, Evangelos

Nascimento, Britney

Patel, Rinku

Petty, Clifford

Pinnock, Aaron

Pitic, Emiliano

Poli, Giovanna

Ramirez Cano, Arianne

Ramoutar, Tara

Rangel, Luis

Remarais, Brenda

Rivas, Jilma

Rodriguez, Rosemary

Rodriguez Moreno, Jorge

Rodriguez Vargas, Emelin

Rudd, Hailey

Sabatino, Robert

Saint-Jean, Jessica

Santos Bada, Daniela

Schwartz, Kalli

Sosa, Natalie

Stiglingh, Ninamarie

Sully, Bethniflore

Thomas, Cherese

Toll, Lindsay

Voss, Hailey

Williams, Bryce

Fall Semester 2024

Doctor of Chiropractic Vice President List 3.75 - 4.0

Allen, Marquis
Alvarez Pestana, Leonel Alejandro
Cooks-Nixon, Keyariee
Curbelo, Nicholas
East, Hunter
Escalona, Raciél
Felix, Thaynann Martins
Frankel, Brittany
Fulminante, Anthony
Gonzalez, Raphael Ignacio
Hadar, Shira
Herfurth, Christina
Holmes, Chelsea
Jena, Elizabeth
Kelder, Tyler
Kotchman, Sierra
Leon, Luis

Lomax, Alexandra Kristen
Long, Taegan
Marquina, Viridiana
Massey, Angelica
Mazzella, Frank
Newsome, Justin
Nietubyc, Nicholas
Olano, Juan S
Payne, Taylor Morgan
Roney, Bryce
Sakoff, Paul
Sebaei, Ruwanne
Sillanpaa, Irina
Skoric, Jelena
Soto Rios, Doralis
Stassi, Cole Matthew

Fall Semester 2024

Doctor of Chiropractic Honor Roll 3.50 - 3.74

Abad, David
Abin Companioni, Patricia
Blanco Velazquez, Mario Jorge
Franklin, Savannah
Janik, Glenn
Marinari, Joseph
O'Gara, Connor
Simper, Marissa Marie
Wilson, Ian



A Financial Reset for 2025

Hello 2025! While we set our financial sights on a new year, we continue to see everything from eggs, to gasoline, to clothing, to our electric bill cost us more money. Our dollar seems to cover less and less. With that in mind, how do we make the money we have stretch further?

It's time to re-evaluate and reset our budget. We don't necessarily have to cut out or down on everything we do, but where can we make some adjustments to make sure everything we need to cover financially is handled.

Wondering where to start? Begin with the Short-Term Financial Goals. These goals typically are less complicated to complete and generally more manageable. Anything from saving for an emergency fund, paying down a credit card or other debt, saving for a special item, or making sure you are breaking-even at the end of the month/budgeting period. Your goals depend on your personal (family) financial status. Create these goals with the **SMART** principles in mind to set you on your path.

The **SMART** principles: **Specific** – very clearly defined; **Measurable** – has check-points to show progress; **Attainable** – a goal that you can complete and is not out of reach; **Relevant** – goal is yours (and your family's) and important to your financial health; **Time-Framed** – you have a time to complete it (3 months, 6 months, 12 months).

Next, determine your income, identify expenses (ALL of them), and create a simple budget. This is your roadmap to completing your financial objectives. View your budget as a guide to your money and not a restrictive document. A way for you to tell your money what to do versus wondering what happened to it all. But don't forget to treat yourself (even if it's a small treat) within your budget. Your short-term goals should drive this budget.

If you've never created a budget before, it might be frustrating initially and the first attempt may not be successful, and that's okay. If you learn from the mistakes and apply them to the next budget, it will be more effective. Plus, there are plenty of FREE tools available to take advantage of that can assist you along the way.

It's not a document set in stone, it will change and refine itself over time. The more you use it, the more effective the budget will become, and you will see your goals nearing completion.

Here are some sites to help:

<https://www.google.com/sheets/about/>

<https://mint.intuit.com/>

<https://goodbudget.com/>

<https://www.rocketmoney.com/>

<https://www.ramseysolutions.com/everydollar/budgeting>

<https://portal.iontuition.com>



A Financial Reset for 2025...Continued

Focus on the positive that comes from any of the financial goals you have achieved! Don't let your mistakes to stop you from trying to realize financial success, learn from them. Every goal you reach will help you move on to the next goal and the next. With some work, determination, and perseverance, you can make 2023 a financial success!

Attention Student Loan Borrowers!

If you hold federal direct Unsubsidized loans, interest will start to accrue on those loans from the time they are disbursed. Federal direct Subsidized loans will continue to have interest paid by the federal government while you remain a student above ½ time (in-school deferment) or are on a deferment period such as grace period.



Please register for the free website <https://portal.iontuition.com> to track your loans; know your servicer, review interest rates and accrual as it restarts, understand repayment plans/options, as well as deferment, forbearance, and consolidation.

I will be hosting webinars covering more details on this subject (budgeting), credit and student loans throughout the semester. Check your weekly Campus Connection email from Student Services for details on dates and times for each topic. I can be reached directly at gstam@keiseruniversity.edu or 904-238-3099.

*Contributed by Geoff Stam,
Director of Default Management and Financial Literacy*

Virtual Financial Success Strategies Seminars

Budget Basics (Reducing Financial Stress)

"Reducing Financial Stress, A Budgeting Review": Discusses the importance of budgeting as a student, basics of creating and maintaining a budget driven by monetary behavior, and expense reduction. We address strategies on budgeting with less as a student or due to a reduction or loss of income, prioritizing bills and expenses and survival with limited income or savings.

Savings Basics (Your Money, Your Future)

Reviews the importance of saving, goals to save for, how interest works, and several suggestions, tips, and examples of how other students have started the process of finding savings, reducing expenses, and preparing for their financial future.

Improving Financial Success with Credit

Covers the basics of credit (types of credit and debt), credit reports, and credit scores. Discusses improving credit, building or rebuilding credit, and the importance and impact of credit scoring. Includes information about the credit industry and what is being done to assist those with issues managing credit.

Student Loan Repayment Review

Covers the process of student loan repayment; resources available to assist borrowers, the payment plans, tools available if unable to make payments, and consequences of delinquency and default. Including the changes and impact of legislation due to the pandemic.



Micro-Internships

Get Experience. Get Paid. Get Hired.



Through these short-term, paid, project-centered experiences, you can demonstrate your skills, explore career paths, and expand your professional network. Unlike traditional internships, these paid opportunities are available year-round, tend to be remote, typically range from 10 to 40 hours of work, and are deadline-driven as opposed to set during specific hours - perfect for students with erratic or hectic schedules!



Scan the QR code, and follow the steps below, to create a profile and begin applying to available opportunities.

Create a Profile



Signing up takes less than 10 minutes!

www.parkerdewey.com/career-launchers

See Micro-Internships



Check out details on available assignments, including when they're due and the pay.

Apply



Decide which opportunities interest you and apply.

Complete the Assignment



Once selected, work directly with the company. Do your best to make a good impression!

2025 Commencement Ceremony



The 2025 Commencement Ceremony for Keiser University's West Palm Beach Campus will be at the Keiser University Flagship Campus in the Countess de Hoernle Student Life Center, 2600 N. Military Trail, West Palm Beach on:

Friday, May 1st at 3pm

This ceremony celebrates students who have completed a Doctorate, Master, Bachelor or Associate Degree between May 2024 – May 4, 2025.

Please see the Academic Department for questions regarding your degree completion.

Regalia Ordering Instructions

Go to: www.jostens.com

Type in **Keiser University** in the “Find My School Store” field and press GO

Review the campus listings and choose the West Palm Beach campus location

Click on “Graduation Caps & Gowns”

When the “Select Your Collection” window opens, click on “Student Ship to Home”

Tickets will be distributed via email.

Graduation Prep Day, Tuesday, April 29th

9:00 am – 2:00 pm and 4:00 pm – 6:00 pm

Student Services

Keiser University, 2085 Vista Parkway, 2nd Floor

Eligible students will be contacted to pick up honors regalia



KUSEAHAWKS.COM



OFFICIAL ONLINE STORE
KUGEAR.COM



KEISER UNIVERSITY
FLAGSHIP CAMPUS
2600 North Military Trail, West Palm Beach, Fla. 33409

All games will be streamed live at:

<https://thesundigitalnetwork.com/Keiser/>

The Spine Care Clinic of Keiser University



The Keiser University Spine Care Clinic (KUSCC) provides high quality chiropractic care. Our interns are here to provide our community a resource to help improve overall health and performance. The interns not only treat spine related ailments, but also aid in sports-related injuries such as rotator cuff tendonitis, elbow and knee injuries and sprained ankles. The KUSCC provides a variety of chiropractic therapies such as spinal and extremity manipulation, and Cox Flexion-Distraction. Additionally, they offer a large variety of physical therapeutic modalities like cold laser, ultrasound, electric stimulation, elastic taping, stretching, rehabilitation and therapeutic exercises. Onsite x-rays are available. As a teaching clinic, these services are administered by interns under supervision of licensed chiropractic clinicians. The KU Spine Care Clinic also sells products such as custom orthotics, topical pain-relieving gels, natural tinctures and vitamins, as well as some home exercise equipment.

Schedule an appointment and learn how you can improve your health and overall well-being and get back in the game. The Keiser University Spine Care Clinic is located at 2081 Vista Parkway on the KU West Palm Beach campus.

Call 561-273-0099 or visit <http://www.kuspinecare.com>



Resume Assistance and More

College Central Network, the nation's largest network of college job seekers is also the online career site for all Keiser University students and alumni.

- ⇒ Create and post online resumes and portfolios
- ⇒ Receive help with your resume
- ⇒ Search and apply to employment opportunities
- ⇒ Obtain free career resources

Register and upload your resume at www.collegecentral.com/keiser to get started today.

Campus Student Organizations

If you are interested in joining one or more of the organizations below, email **Elizabeth Houlihan, elizabethh@keiseruniversity.edu** to be connected with the Faculty Advisor.

- SGA – Student Government Association
- Yoga Club
- SVA – Student Veterans of America
- NSNA – National Student Nurses Association
- SOTA – Student Occupational Therapy Assistant
- SSPTA – Society of Student Physical Therapist Assistants
- SACA – Student American Chiropractic Association - Councils: Orthopaedics, Sports
- SABCA – Student American Black Chiropractic Association
- CTFD – Cox Technic Flexion Distraction: Chiropractic Medicine Students only
- CRC – Chiropractic Research Club
- **Honor Society—by invitation only:** PTK Phi Theta Kappa International Honor Society: Associate & Bachelor degree seeking students

The campus will host monthly Student Club Days. On these days, student organizations have the opportunity to set up a display in the lobby to showcase their organizations or recruit new members. Student organization members are permitted to wear their student organization shirts or Keiser University branded shirts to show their school spirit on Student Club Day.