

Keiser University

Master of Science in Clinical Mental Health Counseling

Hybrid Courses/Methods of Instruction

Students are required to attend weekly live classes ranging from 1.5 hours to 3 hours. Additional academic support provided to students include one-on-one tutoring, role playing exercises, asynchronous email and text discussions, phone call interactions, and individualized academic advisement opportunities. Further, all faculty have regular office hours, and are available throughout the week for all students. Moreover, all faculty supervise the interactive and independent instructions which are submitted through Blackboard for faculty input.

Keiser University utilizes a variety of methods of instruction to support student learning. These include:

Direct Instruction

Direct instruction is teacher centered. This is accompanied by demonstrations, formal and informal small-group discussions, and visual aids. For example, in counseling labs, students practice skills and get feedback from the professor and peers. In informal groups (such as breakout groups during class), students get to generate ideas and perspectives from their classmates and reflect on their readings, which provide an opportunity to engage in information gathering, critical thinking, problem-solving, and decision-making skills.

Indirect Instruction

Indirect instruction is student-centered. It is best appropriate when the process of arriving at a conclusion or product is as important as the conclusion or product itself. Concept mapping, problem solving, and reflective discussion are all types of indirect-instruction activities.

Interactive Instruction

Interactive instruction is student-centered and requires students to interact with one another to acquire new understanding of a concept.

Independent Instruction

Independent instruction is student-centered. It is useful in building decision-making abilities. In independent-study instruction, the student teaches him/herself under the supervision of a teacher.

Experimental Instruction

Experimental instruction is also student-centered. In experimental instruction the importance lies in the process of arriving at a conclusion or product and not the conclusion or product itself.

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Below is a breakdown of the methods of instruction for each required class:

Method of Instruction	Direct	Indirect	Interactive	Independent	Experimental
Core Counseling Courses (36.0 credit hours)					
MHC501 Foundations of Counseling (3 credits)	A	B	B	C	D
MHC505 Counseling Across the Lifespan (3 credits)	A	B	E	C	D
* MHC510 Counseling Skills and Techniques (3 credits)	A	B	C	D	B
MHC515 Counseling Theories and Practice (3 credits)	A	D	C	B	C
MHC520 Ethical and Legal Issues in Counseling (3 credits)	A	B	B	C	D
* MHC525 Group Theories and Practice (3 credits)	A	B	C	E	D
MHC530 Career Counseling (3 credits)	A	B	C	D	E
MHC535 Counseling and Advocacy with Diverse Populations (3 credits)	A	C	B	D	E
MHC540 Crisis Counseling (3 credits)	A	C	B	D	E
MHC545 Counseling Intervention and Treatment Planning (3 credits)	A	C	D	B	E
MHC550 Assessment in Counseling (3 credits)	A	B	D	C	E
RSM610 Research and Program Evaluation (3 credits)	A	B	D	C	E
Specialization Courses (15.0 credits required)					
MHC555 Psychopathology and Diagnosis (3 credits)	A	C	D	B	E
MHC560 Counseling in Community Settings (3 credits)	A	D	C	B	E
MHC565 Couple and Family Counseling (3 credits)	A	D	C	D	B
MHC570 Foundations of Addiction and Addictive Behavior (3 credits)	A	C	B	D	E
MHC575 Counseling and Sexuality (3 credits)	A	D	C	B	C
Clinical Experiences (9.0 credits required)					
* MHC660 Practicum in Counseling (3 credits)	A	B	C	D	N/A
MHC661 Internship in Counseling (6 credits)	A	B	C	D	N/A

A=Primary; B=Secondary; C=Tertiary;
D=Quaternary; E=Quinary

*Includes face to face residency