Considering a Career as a Registered Dietitian Nutritionist? (RDN)
What is Dietetics?

• A health related career that involves the use of nutrition science to promote health.

• Strong candidates have an aptitude for science, an interest in nutrition and a comfort level interacting with people.
Helping People

• Teaching About Foods
• Supervision
• Nutritionist
• Food Scientist
The Science of Nutrition

Dietetics students study courses in the following areas:

• Biology
• Nutrition Science
• Food Science
• Chemistry
• Biochemistry
• Microbiology
Work of RDN

• Provide nutrition counseling
• Develop methods to feed patients that are unable to eat (critically ill/comatose)
• Manage food service systems
• Provide nutrition education
• Conduct research
Work the RDN

• Plan food and nutrition programs
• Supervise meal preparation
• Oversee the serving of meals
• Prevent and treat illnesses by promoting healthy eating and recommending dietary modifications
How to Become a Registered Dietitian Nutritionist

• **Education:**
  – Minimum of a Bachelors degree in dietetics/nutrition
  – Dietetic Supervised Practice (internship)
• **Must pass national registration exam to legally use the title “Registered Dietitian” or “Registered Dietitian Nutritionist”**
• **Must complete continuing education credits throughout their career**
What is it like to be a dietitian?

<table>
<thead>
<tr>
<th>Best Parts</th>
<th>Challenging Parts</th>
</tr>
</thead>
<tbody>
<tr>
<td>• A variety of job options and specialty areas.</td>
<td>• Some of the specialties require detailed reports and paperwork.</td>
</tr>
<tr>
<td>• The RDN can make a difference in the lives of his/her patients.</td>
<td>• Patients don’t always make the changes recommended by the RDN.</td>
</tr>
<tr>
<td>• Every day presents new experiences.</td>
<td></td>
</tr>
</tbody>
</table>
Careers in Dietetics and Nutrition

• Hospitals/HMOs
• Other Health-Care Facilities
• Food Service Operations
• Schools
• Day Care Centers
• Correctional Facilities
• Corporate Wellness
• Sports Nutrition
• Food/Nutrition Related Businesses
• Private Practice
• Public Health
• Universities
• Medical Centers
• Research Companies
Specialties/Areas of Practice

• Clinical Nutrition
• Community Nutrition
• Food Service Management
• Business and Industry
• Private Practice/Consultation
• Education
• Research
Job Outlook for RDNs

• Employment is expected to grow 21% from 2012 to 2022.
  – Faster than the average of all occupations.
  – Dietitians will be needed to care for patients with various medical conditions and advise people who want to improve their overall health.

Think Dietetics and Nutrition is for you?

- Contact the admissions department at Keiser University’s Lakeland, Pembroke Pines or Port St Lucie campus

- Consider a student membership with the Academy of Nutrition and Dietetics