

**Considering a Career
as a Registered
Dietitian
Nutritionist?
(RDN)**

What is Dietetics?

- **A health related career that involves the use of nutrition science to promote health.**
- **Strong candidates have an aptitude for science, an interest in nutrition and a comfort level interacting with people.**

Helping People

- Teaching About Foods
- Supervision
- Nutritionist
- Food Scientist



The Science of Nutrition

Dietetics students study courses in the following areas:

- **Biology**
- **Nutrition Science**
- **Food Science**
- **Chemistry**
- **Biochemistry**
- **Microbiology**



Work of RDN

- **Provide nutrition counseling**
- **Develop methods to feed patients that are unable to eat (critically ill/comatose)**
- **Manage food service systems**
- **Provide nutrition education**
- **Conduct research**

Work the RDN

- **Plan food and nutrition programs**
- **Supervise meal preparation**
- **Oversee the serving of meals**
- **Prevent and treat illnesses by promoting healthy eating and recommending dietary modifications**

How to Become a Registered Dietitian Nutritionist

- **Education:**
 - **Minimum of a Bachelors degree in dietetics/nutrition**
 - **Dietetic Supervised Practice (internship)**
- **Must pass national registration exam to legally use the title “Registered Dietitian” or “Registered Dietitian Nutritionist”**
- **Must complete continuing education credits throughout their career**

What is it like to be a dietitian?

Best Parts

- A variety of job options and specialty areas.
- The RDN can make a difference in the lives of his/her patients.
- Every day presents new experiences.

Challenging Parts

- Some of the specialties require detailed reports and paperwork.
- Patients don't always make the changes recommended by the RDN.

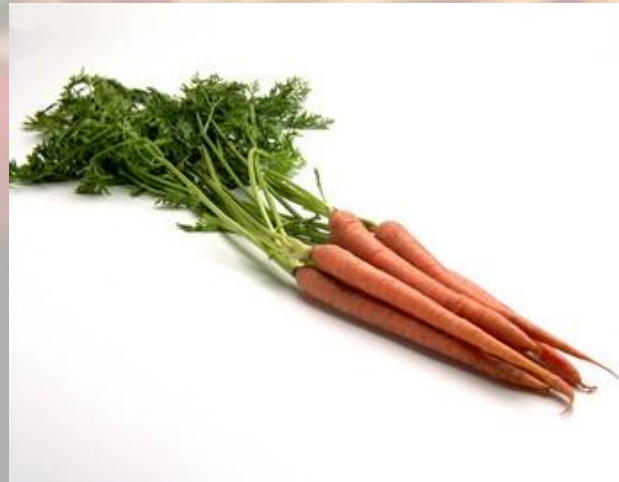
Careers in Dietetics and Nutrition

- Hospitals/HMOs
- Other Health-Care Facilities
- Food Service Operations
- Schools
- Day Care Centers
- Correctional Facilities
- Corporate Wellness
- Sports Nutrition
- Food/Nutrition Related Businesses
- Private Practice
- Public Health
- Universities
- Medical Centers
- Research Companies



Specialties / Areas of Practice

- **Clinical Nutrition**
- **Community Nutrition**
- **Food Service Management**
- **Business and Industry**
- **Private Practice/Consultation**
- **Education**
- **Research**



Job Outlook for RDNs

- **Employment is expected to grow 21% from 2012 to 2022.**
 - **Faster than the average of all occupations.**
 - **Dietitians will be needed to care for patients with various medical conditions and advise people who want to improve their overall health.**

Think Dietetics and Nutrition is for you?

- **Contact the admissions department at Keiser University's Lakeland, Pembroke Pines or Port St Lucie campus**
- **Consider a student membership with the Academy of Nutrition and Dietetics**